

Heal & Transform Retreat

A Journey to Empowerment



Introduction

Join two powerful women, Viola Rirandzu Madhlophe and Lerato Dube, for an unforgettable retreat designed to guide you through deep healing and personal transformation. This immersive experience will combine the profound insights of hypnotherapy, holistic living, and emotional recovery, offering you the tools to reclaim your life and unlock your fullest potential

Viola Rirandzu Madhlophe

Transformational Coaching & Hypnotherapy

Viola is a renowned transformational coach, hypnotherapist, and author of *Love Beyond The Grave* and Amazon's bestseller, *Eat Your Cancer Away*. She will guide you through RTT (Rapid Transformational Therapy) sessions focused on:

- Self-esteem
- Relationship healing
- Sleep disorders
- Trauma & PTSD
- Overcoming grief

Drawing from her personal battle with two primary cancers, Viola shares her unique holistic approach to reclaiming health and well-being. Her transformative work demonstrates how your thoughts can manifest as physical and emotional ailments. Using tailored techniques, Viola will help you shift those thoughts to embrace healing, empowerment, and success.



Lerato Dube

Empowering Escape from Narcissistic Relationships

Lerato Dube, author of *Are You Divorcing a Narcissist? Get Your Power Back*, will provide a transformative roadmap for those entangled in toxic relationships. Drawing from her personal journey and clients' experiences.

Lerato will:

- Help you recognise psychological traps of narcissistic partners
- Guide you to reclaim your emotional, mental, and spiritual health

Whether you are leaving a marriage, familial relationship, or any toxic dynamic, you will gain practical strategies to:

- Disengage from toxic patterns
- Rebuild your self-worth
- Safeguard your future



What You Will Experience

A New Beginning, Holistic Transformation.

RAPID TRANSFORMATIONAL THERAPY

Interactive RTT sessions to address your deepest blocks around self-esteem, trauma, and relationships

GUIDED MEDITATIONS

Guided meditations, hypnotherapy, and self-reflection exercises that nurture both your mental and physical health

EMOTIONAL HEALING

Emotional healing techniques to address trauma, reclaim your power, and unlock your untapped potential.

PRACTICAL TOOLS

Rebuild a future filled with peace, strength, and purpose. Gain tools to disengage from toxic relationships while protecting your peace of mind.

Don't waste another second, register now by clicking on the link below, and take the first step toward transforming your life

A photograph of a yoga class in progress. Several people are on the floor in a downward dog pose, their bodies forming a line that recedes into the background. The person in the foreground is wearing a white t-shirt and has their arms extended forward. The floor is covered with light-colored mats. The lighting is soft and natural, creating a calm atmosphere.

Why Attend

This retreat is for anyone ready to break free from emotional and psychological burdens, whether from toxic relationships or deep-seated trauma. By the end, you will be equipped with the tools to heal, grow, and transform into the greatest version of yourself.

Step Into Your Power

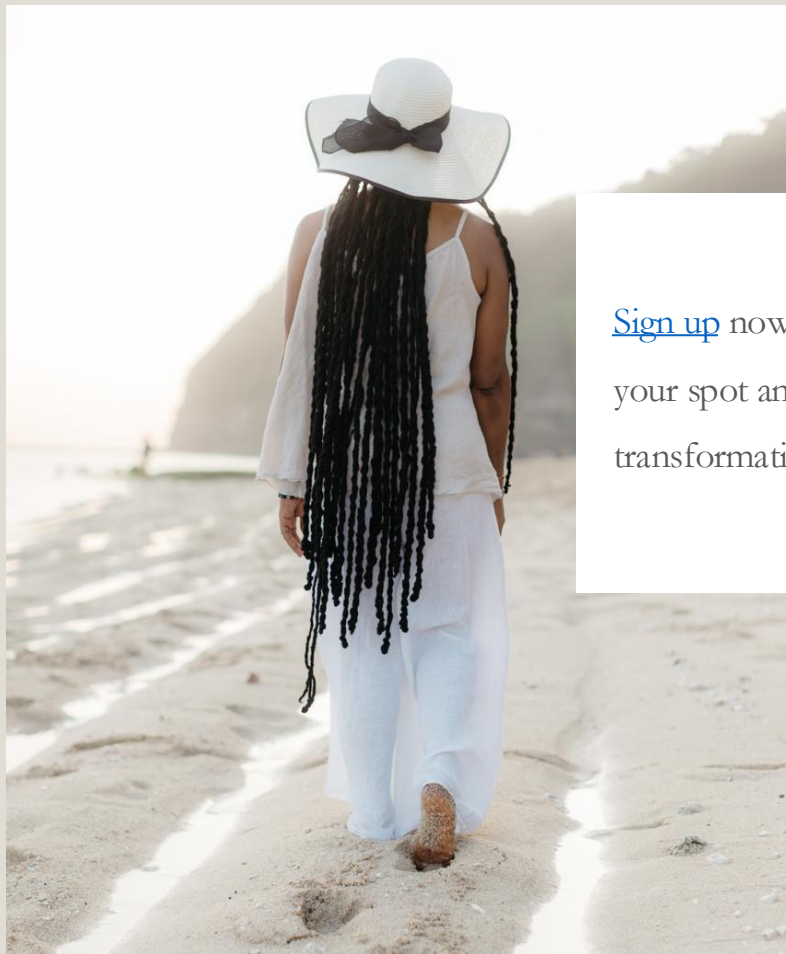
This is your opportunity to work with two experts whose life stories and work have transformed the lives of many. Don't wait, take the first step to reclaiming your power, healing past wounds, and stepping into a future full of peace and empowerment



This is your opportunity to reclaim your power, heal deeply, and step into a future of peace and empowerment.



Space is Limited!



[Sign up](#) now to reserve
your spot and begin your
transformative journey!

The background image shows a bright, modern interior space with a warm wooden floor and ceiling. Large windows on the right side offer a view of greenery outside. In the foreground, there are dark, rectangular mats on the floor, and a small fire is visible in a wooden container on the right. A large white rectangular box is centered in the image, containing the text.

Thank you

LOOKING FORWARD TO HELPING YOU TRANSFORM AND THRIVE WITH US. CLICK ON LINK BELOW

[Secure Your Spot](#)